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[Commending Richard Ironcloud and Armando Blackbear]

Resolution commending Richard Ironcloud and Armando Blackbear for their swim across San Francisco Bay, highlighting the importance of healthy living.

WHEREAS, Richard Ironcloud and Armando Blackbear, of South Dakota's Pine Ridge Indian Reservation, swam the 1.2 miles from Alcatraz to San Francisco; and,

WHEREAS, Both swimmers exhibited great physical stamina and mental concentration; and,

WHEREAS, Until recently Richard Ironcloud had not swum in water more than ten feet deep; and,

WHEREAS, Both swimmers finished the swim in less than two hours; and,

WHEREAS, Both novice swimmers endured the frigid water, the push of the current and the complete distance of the swim to bring attention to the need for healthy living among the Lakota Sioux, especially in Pine Ridge where half of the people over 40 years old have diabetes; now, therefore, be it

RESOLVED, That the Board of Supervisors and the City and County of San Francisco hereby commend Richard Ironcloud and Armando Blackbear for their dedication in the face of adversity and the distance they traveled to encourage healthy living.



City and County of San Francisco

City Hall
1 Dr. Carlton B. Goodlett Place
San Francisco, CA 94102-4689

Tails
Resolution

File Number: 031593

Date Passed:

Resolution commending Richard Ironcloud and Armando Blackbear for their swim across San Francisco Bay, highlighting the importance of healthy living.

September 23, 2003 Board of Supervisors — ADOPTED


Ayes: 11 - Ammiano, Daly, Dufty, Gonzalez, Hall, Ma, Maxwell, McGoldrick, Newsom, Peskin, Sandoval

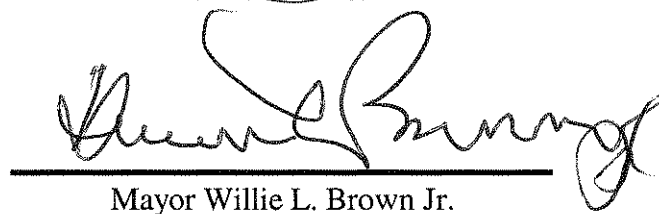
File No. 031593

I hereby certify that the foregoing Resolution was ADOPTED on September 23, 2003 by the Board of Supervisors of the City and County of San Francisco.

OCT 08 2003

Date Approved


Gloria L. Young
Clerk of the Board


Mayor Willie L. Brown Jr.