

1 [B.K.S. Iyengar Day]

2
3 **Resolution declaring October 3, 2005 "B.K.S. Iyengar Day" in San Francisco.**

4
5 WHEREAS, The people of San Francisco are proud to honor the great living legend
6 and teacher, Yogacharya B.K.S. Iyengar (Guruji), founder of Iyengar Yoga" who in 2004 was
7 named by Time magazine as one of the world's 100 most influential people; and

8 WHEREAS, B.K.S. Iyengar was first introduced to Yoga by his Guru Sri. T
9 Krishnamacharya at the age of 16 and at the age of 18, was sent to Pune, Maharashtra to
10 teach and preach yoga and has been teaching ever since; and

11 WHEREAS, B.K.S. Iyengar has, for nearly seventy years, taught yoga in a unique way
12 allowing his students to fully experience the wisdom of the yoga sutras; and

13 WHEREAS, B.K.S. Iyengar first traveled to America in 1956 to begin his teachings to a
14 growing population of yoga enthusiasts; and

15 WHEREAS, According to a recent survey in Yoga Journal, 16 million Americans
16 practice yoga on a regular basis, including tens of thousands in the Bay Area due in large part
17 to the extraordinary teachings and writings of B.K.S. Iyengar; and

18 WHEREAS, B.K.S. Iyengar, at 86 years young, is making his final trip to America to
19 promote the release of his new book, Life on Life, which represents the culmination of his
20 experience and teaching and which provides a full path to integrating body, mind, and spirit;
21 and,

22 WHEREAS, B.K.S. Iyengar, through his intellectual and spiritual practices has
23 mastered the techniques of yoga, making them accessible to all people so that they may fully
24 experience the wisdom of the yoga sutras; now, therefore, be it

1 RESOLVED, That the Board of Supervisors commends B.K.S. Iyengar, a living legend,
2 for his contribution to the health and well being of millions of people; and, be it

3 FURTHER RESOLVED, That the Board of Supervisors hereby declares October 3,
4 2005 "B.K.S. Iyengar Day" in San Francisco.

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City and County of San Francisco

City Hall
1 Dr. Carlton B. Goodlett Place
San Francisco, CA 94102-4689

Tails
Resolution

File Number: 051578

Date Passed:

Resolution declaring October 3, 2005 "B.K.S. Iyengar Day" in San Francisco.

September 20, 2005 Board of Supervisors — ADOPTED

Ayes: 10 - Alioto-Pier, Ammiano, Daly, Dufty, Ma, Maxwell, McGoldrick,
Mirkarimi, Peskin, Sandoval

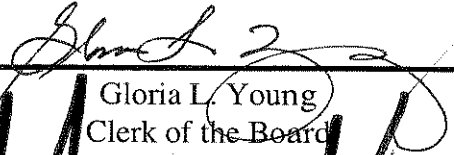
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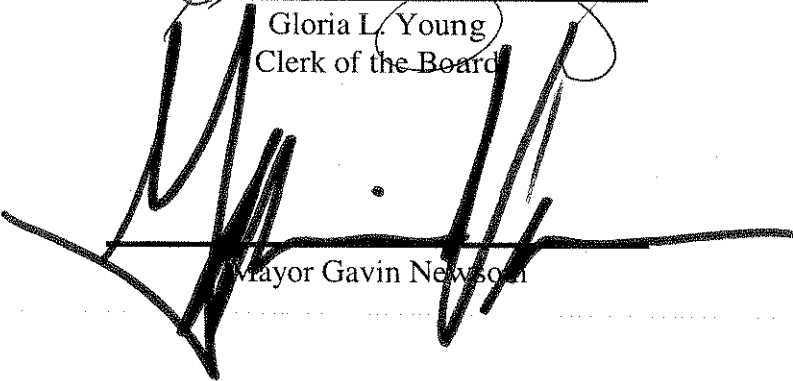
File No. 051578

I hereby certify that the foregoing Resolution
was ADOPTED on September 20, 2005 by
the Board of Supervisors of the City and
County of San Francisco.

9/30/05

Date Approved


Gloria L. Young
Clerk of the Board


Mayor Gavin Newsom