

Guidance

Notice of Suspension or Restrictions of Indoor and Outdoor Activity

April 14, 2021

In alignment with the State's recommendations, San Francisco began reopening at the State's Orange Tier starting March 24, 2021. The reopening under the State's Orange Tier expanded beginning on April 15, 2021, to allow some additional activities and increased capacity for others. The decision to reopen balances the public health risks of COVID-19 transmission with the public health risks of economic and mental health stress.

Even though COVID-19 case rates have come down, and more people are vaccinated, there remains a risk that people who you come into contact with may have COVID-19. Most COVID-19 infections are caused by people who have no symptoms of illness. We have also detected several variants of concern in the San Francisco Bay Area some of which have been reported to spread more easily and quickly from person to person. We don't yet know exactly how these variants will impact vaccine effectiveness, although we are reassured by clinical trial and real world data that they will still work as intended. Therefore, the opening of sectors does not necessarily signify that these activities are "safe."

We have made our best efforts to create guidance to help these activities and sectors provide safer environments for workers and the public. However, this requires that everyone do their part to make these activities as safe as possible, including: wearing a well-fitted masks that covers your mouth and nose especially when talking, avoiding indoor settings to the extent possible, maintaining at least 6 feet distance from those you don't live with, getting tested and isolating if you are ill, complying with additional health protocols required of open businesses. People at risk for severe illness from COVID-19 — such as unvaccinated older adults and unvaccinated people with health risks — and those who live with or care for them are urged to defer participating in activities with other people outside their household where taking protective measures of wearing face masks and social distancing may be difficult, especially indoors or in crowded spaces.

If you are fully vaccinated (i.e., 14 days have passed since your final shot), you can feel safer about your own health risks when participating in activities permitted by our state and local health departments. However, please consider the possible risk your exposure may have on those around you, especially those you live with and those who are unvaccinated, when you take part in activities that involve people outside your household.

Any prior changes in business capacities and other activities required under the amendments must have been implemented by their respective effective dates, and any new changes will take effect by <u>April 15, 2021</u>. If cases rise, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

Important Notes: The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable <u>Health Orders</u> and <u>Directives</u>. The Health Order and Directives take precedence over any discrepancies listed in the table below.

	Business Capacities and Activities Table			
Activity and Amended Order or Directive	Affected Groups	Indoor or Outdoor	Change as of effective date \triangle = New Update	
Retail Directive 2020-07 Directive 2020-17	Retail Stores, Indoor Shopping Centers, Grocery Stores	Indoor Restricted	 Change as of Thursday, April 15, 2021 1. Retail stores capacity limits up to 50% (not including personnel). 2. Standalone groceries stores capacity limits up to 50% (not including personnel). 3. Self-serve bulk foods, reusable bags and containers allowed with restrictions. △ 4. Personnel facing Vaccination and Ventilation signage must be posted. △ 	
		Outdoor Allowed	Change as of Sunday, November 29, 2020 1. Outdoor encouraged over indoor.	
Office Facilities Directive 2020-18	Nonessential offices	Indoor Restricted	 Change as of Thursday, April 15, 2021 1. Nonessential offices capacity limits up to 25%. 2. Indoor conference rooms and meetings capacity limits up to 25%. 3. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ 	
Hotels and Lodging Facilities Directive 2020-29 Appendix C-1	Hotels, Lodging Facilities	Indoor Restricted	 Change as of Thursday, April 15, 2021 Lodging facilities may accept reservations for all visitors in accordance with <u>CDPH Travel</u> <u>Advisory</u>. Lodging facilities must provide a copy of tips for staying in lodging Facilities and self-screening handout to all guests. If not vaccinated, it is strongly recommended to quarantine for 10 days for any travel. △ Dining allowed (See Dining). Indoor gyms and fitness centers allowed (See Gyms / Fitness Centers). Conference rooms, business centers, lounge areas and other gathering places allowed for <u>convention and meeting events</u> with capacity limits up to 100, 150, or 300 based off indoor / outdoor, COVID-19 testing requirements, vaccination status and other restrictions. △ Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ In-room spa services allowed with restrictions. △ Some Hotel staff strongly recommended to wear well-fitted or N-95 masks. △ 	



Dining Order C19-07 Appendix C-1	Restaurants, Bars, Wineries, Breweries, and Distilleries, Shopping malls with food, Hotels with Restaurants, Museums, Zoos and Aquariums with Restaurants, Gyms with food, Office Cafeterias	Indoor Restricted	 Change as of Thursday, April 15, 2021 1. Indoor dining capacity limits, up to 50% (Max. 200 people not including personnel); must maintain at least 6 feet distance between diners. 2. Alcoholic beverages sales require a bona fide meal. 3. Per table limit up to 6 people from <u>3 households.</u> 4. Restrictive dining hours are removed. △ 5. Live entertainment allowed including singing, speaking, chanting and wind instruments (See indoor gatherings). 6. Tabletop cooking by personnel or patrons is allowed. △ 7. Personnel who interact with patrons are required to wear a well-fitted mask. N95s are strongly recommended. 8. Unvaccinated <u>Older Adults</u>, unvaccinated individuals with <u>health risks</u>, and members of their household urged not to participate. 9. If any activity involves removal of face masks, business is required to post <u>Ventilation Checklist</u> and implement at least one measure. 10. Required <u>Dining and Vaccination</u> signage must be posted. 11. Designate and implement a COVID-19 Worksite Safety Monitor. 12. For take-out, no eating or drinking while waiting for your food.
Directive 2020-16		Outdoor Restricted	 Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ Change as of Thursday, April 15, 2021 Outdoor restaurants, bars, breweries, distilleries and wineries allowed. All patrons must be seated to be served. Per table limit up to 8 people with <u>no household limit.</u> △ Group reservations of (Max. 25 people). Must implement measure to keep groups separated. △ Alcoholic beverages may be served without bona fide meal. Live entertainment allowed including singing, speaking, chanting and wind instruments. (See outdoor gatherings). Tables must be spaced at least 6 feet apart between seated patrons; per State requirements, no barriers in lieu of 6 feet distance. Only exception is for barriers installed before Dec 6. Unvaccinated <u>Older Adults</u>, unvaccinated individuals with <u>health risks</u>, and members of their household urged not to participate. Designate and implement a COVID-19 Worksite Safety Monitor.
Gyms / Fitness Centers Order C19-07 Appendix C-1 Directive 2020-27 Directive 2020-31	Gyms, Fitness Centers, Climbing Gyms, Group Fitness Classes (including cardio, aerobic, spin, boot camp, kickboxing, stretching, yoga) Stationary Exercise Equipment (such as a stationary bikes or treadmills)	Indoor Restricted	 Change as of Thursday, April 15, 2021 1. Indoor gyms / fitness centers capacity limits up to 25% (not including personnel). a. Face masks required b. Minimum of 6 feet of physical distance required. 12 feet of physical distance required between participants engaging in aerobic activity that increases breathing rate. If individual or class participants in aerobic activity (1) use only <u>stationary exercise equipment</u> such as treadmills or spinning bikes and (2) the business posts the Ventilation Checklist and implements at least one measure in the room, stationary equipment may be arranged 6 feet apart. △ c. Group fitness classes capacity limits up to 25% of room being used for fitness class (Max. 100 people or capacity to achieve 12 feet distancing – or six feet of distancing for classes using stationary equipment with ventilation – whichever is less). Group fitness classes that do not increase the participants' breathing rate such as gentle stretching, yoga, and meditation allowed at 6 feet. △ 2. Locker rooms and showers allowed up to 25% with implementation of at least one ventilation measure plus additional restrictions. 3. No saunas, steam rooms, or hot tubs allowed. 4. Eating is allowed in a separate room or separate space which must be 12 feet from others. (See Dining for additional guidance). 5. If any activity involves removal of face masks, business is required to post <u>Ventilation Checklist</u> and implement at least one measure. 6. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ Change as of Thursday, January 28, 2021 1. Outdoor gyms and fitness classes allowed. no capacity limits. 6 feet distancing required.



Personal Services Directive 2020-23 Directive 2020-30	Hair Salons, Barber Shops, Nail Salons, Massage, Estheticians, Skin Care, Cosmetology, Electrology, Tattooing, Piercing, Microblading	Indoor Restricted Outdoor Allowed	 Change as of Thursday, April 15, 2021 Personal services capacity limits up to 50% (not including personnel). implement metering system to enforce capacity limits. Services that involve removal of face mask are allowed but must be done at least 6 feet from others or in a separate room. Personnel are required to wear eye protection and a well-fitted mask. N95s are strongly recommended. If any activity involves removal of face masks, business is required to post <u>Ventilation Checklist</u> and implement at least one measure. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ Change as of Wednesday, March 24, 2021 Services that involve removal of face mask are allowed but must be done at least 6 feet from others. Personnel are required to wear eye protection and a well-fitted mask. N95s
			are strongly recommended.
Museums, Aquariums, and Zoos Directive 2020-32 Appendix C-1	Museums, Aquariums, and Zoos	Indoor Restricted	 Change as of Thursday, April 15, 2021 Museums, Aquariums, and Zoos capacity limits up to 50% (not including personnel). Interactive exhibits may open with sanitation, distancing, and other safety protocols. Coat check may open. Auditoriums may open for movie and live performances. △ Conference rooms, business centers, lounge areas and other gathering places allowed for convention and meeting events with capacity limits up to 100, 150, or 300 based off indoor / outdoor, COVID-19 testing requirements, vaccination status and other restrictions. △ Indoor dining, food and beverage concessions allowed (See Indoor Dining). Indoor retail allowed (See Retail Store capacity limits). Personnel facing Vaccination and Ventilation signage must be posted. △
		Quitida an	Change as of Thursday, April 15, 2021
		Outdoor Allowed	1. Outdoor Museums, Aquariums, and Zoos allowed, No capacity limits. \triangle
	Movie Theaters	Allowed	Change as of Thursday, April 15, 2021
Movie Theaters Order C19-07 Appendix C-1 Directive 2020-35		Indoor Restricted	 Movie Theaters capacity limits up to 50% (Max. 200 people per screen). Food and beverage concessions allowed. Food and beverage must be consumed at assigned movie theater seat or designated seating area. (See Dining for additional guidance). Inside the movie screening room group capacity limit is up to 6 people from <u>3 households</u>. Each group must be 6 feet from others. Outside the movie screening room, designated eating seating area is allowed in a separate room or separate space which must be 12 feet from others. If any activity involves removal of face masks, business is required to post <u>Ventilation Checklist per screen</u> and implement at least one measure. Unvaccinated <u>Older Adults</u>, unvaccinated individuals with <u>health risks</u>, and members of their household urged not to participate. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ Designate and implement a COVID-19 Worksite Safety Monitor.
Playgrounds and Family Entertainment Centers Directive 2020-36 Appendix C-1	Naturally distanced (Bowling Alleys, Billiard Halls, Miniature Golf), Naturally Closer activities (Arcade Game Centers, Ice and Roller Skating Rinks, and Indoor Playgrounds), Outdoor	Indoor Restricted	 Change as of Thursday, April 15, 2021 1. Naturally distanced activities a. Capacity limit up to 25% (not including personnel). b. Increase capacity up to 50% with COVID-19 testing requirements or vaccination status. A. Indoor groups are limited to <u>1 household.</u> 3. Indoor dining allowed in a separate room or designated dining space must be 12 feet from others. (See dining for additional guidance). 4. Naturally closer activities not allowed. 5. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △
	(Skate parks, Roller and Ice rinks, Batting Cages, Mini-Golf, and Outdoor Playgrounds)	Outdoor Restricted	 Change as of Wednesday, March 24, 2021 1. Ferris wheels, carrousels, trampolines, and train rides allowed with only <u>3 households</u> per space, each space must be 6 feet apart. 2. Outdoor skate parks, outdoor roller and ice rinks are allowed. 3. Outdoor playgrounds, outdoor batting cages & outdoor mini-golf allowed.



Religious and Cultural Ceremonies Order No. C19-07 Directive 2020-34 Gatherings (Religious	Churches, Temples, Synagogues, Mosques and other Places of Worship (including primary residences or other facilities) Religious Activities, Political Protests	Indoor Restricted Outdoor	 Change as of Thursday, April 15, 2021 1. Religious, Cultural Ceremonies, and other religious exercise capacity limits up to 50% (not including personnel). 2. Singing, speaking, chanting and wind instruments allowed (See indoor gatherings). 3. Unvaccinated <u>Older Adults</u>, unvaccinated individuals with <u>health risks</u>, and members of their household urged not to participate. 4. If any activity involves removal of face masks, business is required to post <u>Ventilation Checklist</u> and implement at least one measure. 5. Personnel facing <u>Vaccination</u> and Ventilation signage must be posted. △ 1. See Gatherings (Religious Activities and Political Protests) Change as of Thursday, January 28, 2021 1. Religious Activities and Political Protest allowed, no capacity limits, social distancing is
Activities and Political Protests) Order No. C19-07 Appendix C-2 Directive 2020-19		Outdoor Restricted	required. 2. Singing, speaking, chanting and wind instruments allowed (See outdoor gatherings).
Indoor Gatherings Order No. C19-07 Directive 2020-19	Small Gatherings (small groups that are non-private settings e.g. Adult Day Programs, Community Centers for Older Adults and Adults with Disabilities, religious exercise) Private Social Gatherings (in private settings, primary residences, or setting not involving a business or facility staff, includes religious exercise)	Indoor Restricted	 Change as of Thursday, April 15, 2021 Indoor Small Gatherings a. Capacity limit up to 25% of facility (Max. 25 people) and face mask required. b. No eating or drinking allowed. Indoor Private Social Gatherings a. Capacity limit up to 25% of facility (Max. 25 people) and face mask required. △ b. Pending State allowance, households mixes can include <u>unmasked fully vaccinated</u> <u>individuals</u> with: (1) unmasked fully vaccinated individuals (2) unmasked unvaccinated low risk individuals, or (3) masked unvaccinated higher risk members of a single household who are physically distanced. Singing, speaking, chanting and playing wind instruments. Performers must be 12 feet of distance from other households. Anyone who is singing, speaking, or chanting must wear a face mask and anyone playing any wind instruments must have an instrument cover.
Outdoor Gatherings Order No. C19-07 Directive 2020-19	Small Gatherings (e.g. receptions, gatherings at a park) Meal Gatherings (in outdoor settings where eating and drinking) Drive-In Gatherings (Drive in Movie Theaters)	Outdoor Restricted	 Change as of Thursday, April 15, 2021 1. Outdoor Small Gatherings a. A maximum of 50 people may gather outdoors with face masks. △ b. No eating or drinking allowed. 2. Outdoor Meal Gatherings a. A maximum of 25 people may gather outdoors if eating and drinking are involved. △ 3. Drive-In Gatherings a. Capacity limits of up to 100 Vehicles. b. Food and beverage concessions allowed. Must follow distancing and masking protocols with ordering and pickup. 4. Singing, speaking, chanting and playing wind instruments. Performers with a mask, 6 feet distance from others. Performers without a mask, 12 feet distance from others. Audience: with a mask, 12 feet from the performers.
Outdoor Music and Art Festivals and Performances Order No. C19-07 Directive 2021-02	Outdoor Performances	Outdoor Restricted	 Change as of Thursday, April 15, 2021 1. A maximum of 50 people may attend festival or performance with seating. 2. No assigned seating required but members of different households must maintain at least 6 feet distancing. 3. If food is available, seated groups up to 8 people with no household limits. △ 4. Food and beverages are allowed for consumption only while patrons are in seats. 5. Live entertainment allowed including singing, speaking, chanting and wind instruments (See outdoor gatherings). 6. The organizer must submit a health and safety plan. 7. Must be in-state resident or fully vaccinated out-of-state resident to attend festival. △



	CA State/a List		Change as of Thursday, April 15, 2021
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	Low Contact		1. If any activity involves removal of face masks, business is required to post <u>Ventilation</u>
	(badminton, bowling,		<u>Checklist</u> , strongly encouraged to implement at least one measure.
	curling, dancing without contact,		2. Indoor recreation facilities capacity limits up to 25% (Max. 100 people).
	gymnastics, ice skating,		3. For all sports, participants, coaches and staff must wear a mask at all times including while
	physical training,		playing.
	swimming and diving,		4. For Indoor low, moderate, and high contact sports capacity limits up to 25 people
	singles tennis and		(including coaches and personnel) can participate at a time.5. Spectators are allowed per age-appropriate supervision, per State rules, or consistent with
	pickleball, track and		(See Indoor gatherings). \triangle
	field) Moderate		 6. Locker rooms and showers are allowed (See gyms/fitness center guidance).
	Contact (volleyball,		7. Swimming Pools
	squash, racquetball,		a. No classes allowed (except swimming safety) with total capacity limits up to 25% , must
Indoor	partner dance,		have distancing requirements between swimmers.
Recreation	dodgeball, kickball,		b. 2 swimmers allowed per swim lane. \triangle
Order No. C19-07	doubles tennis and		c. Must wear a mask except during the activity of swimming and diving.
Appendix C-2	pickleball) and High	Indoor	d. No saunas, steam rooms, or hot tubs allowed.
Directive 2020-15	Contact (basketball, ice	Restricted	e. Indoor water polo is not allowed.
Directive 2020-24	hockey, martial arts,		8. Competitions
Directive 2021-01	water polo, wrestling)		a. Low, moderate and high contact are limited up to 25 people per team (Max. 50 people
			can participate at a time) or the allowed facility capacity limit of up to 25%, whichever is
			less. Δ
			9. Low contact sports
			a. Informal low contact sports allowed indoors.
			b. Aerobic activities must maintain 12 feet of distance. All other low contact sports must
			maintain at least 6 feet of distance.
			10. Moderate and high contact
			a. Indoor moderate and high contact sports allowed only by organized and supervised
			programs or leagues of youth and adult sports.
			b. Indoor moderate and high contact teams have COVID-19 testing and other additional
			requirements.
			c. People on an indoor high contact sport team can not play on any other team.
			d. Must maintain 6 feet when not actively playing.
			11. Ice hockey or wrestling are not allowed.
	<u>CA State's List</u>		Change as of Thursday, April 15, 2021
	Low Contact (frisbee, bocce ball, lawn		1. Informal low, medium, and high contact
	bocce ball, lawn bowling, walking,		a. Capacity limits up to 25 people . b. Members of different bouseholds should maintain 6 feet when possible
	running, hiking, biking,		 b. Members of different households should maintain 6 feet when possible. c. People must wear a mask at all times.
	throwing a ball.		d. Spectators are allowed per age-appropriate supervision, per State rules, or consistent
	swimming and diving		with (See outdoor gatherings). \triangle
	tennis, pickleball, golf),		2. Swimming Pools
0	Moderate Contact		a. Swimming lessons and low-impact classes allowed, must have distancing requirements
Outdoor	(badminton, baseball,		between swimmers.
Recreation	cheerleading,		b. 4 swimmers allowed per swim lane. \triangle
Order No. C19-07	dodgeball, field	Outdoor	c. Must wear a mask except during the activity of swimming and diving.
Appendix C-2	hockey, gymnastics,	Restricted	d. Locker rooms and showers are allowed (See Gyms/Fitness Center Guidance).
Directive 2020-15	kickball, softball,		e. Outdoor hot tubs allowed. No saunas or steam rooms. \triangle
Directive 2020-24	tennis, pickleball and		3. Supervised and Organized
Directive 2021-01	women's lacrosse) and		a. For low, moderate, and high contact sports capacity limits up to 50 people (not
	High Contact		including coaches and personnel). $ riangle$
	(basketball, football,		b. For low, moderate, and high contact sports, adult participants, coaches and staff must
	men's lacrosse, rugby,		wear a mask at all times including while playing. Only exceptions are outdoor swimming
	rowing/crew, soccer,		and diving, outdoor water polo also has COVID-19 testing requirements.
	water polo)		c. Competitions: (1) Low and moderate contact sports people may remove mask when
			distance of 6 feet can be easily maintained. (2) High contact sport people must wear
			mask at all times. Only exceptions are outdoor swimming and diving, outdoor water
			polo also has COVID-19 testing requirements.



Long Term Care Facilities Order No. C19-03c Order No. C19-01d Order No. C19-09c	Includes: Skilled Nursing Facilities (SNF); Resident Care Facilities for the Elderly (RCFE); Adult Residential Facility (ARF); Residential Care Facilities – Continuing Care, Social Rehabilitation Facilities, and Residential Care Facility for the Chronically III.	Outdoor / Indoor Restricted	 Change as of Thursday, March 10, 2021 1. Visitation implementation must align with CA State Guidance (<u>CDPH</u> and <u>CDSS</u>) or visitation at Long Term Care Facilities. Review CA state guidance for policies and procedures. a. "Necessary" visits may occur when there is an urgent health, legal, time-sensitive, or other critical need. b. "Allowed" Indoors in both a communal space and in-room. c. Alternatives to indoor visits (such as facility window visits, vehicle visits, outdoor visits, and telephone/video visits).
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