Notice of Suspension or Restrictions of Indoor and Outdoor Activity

April 14, 2021

In alignment with the State’s recommendations, San Francisco began reopening at the State’s Orange Tier starting March 24, 2021. The reopening under the State’s Orange Tier expanded beginning on April 15, 2021, to allow some additional activities and increased capacity for others. The decision to reopen balances the public health risks of COVID-19 transmission with the public health risks of economic and mental health stress.

Even though COVID-19 case rates have come down, and more people are vaccinated, there remains a risk that people who you come into contact with may have COVID-19. Most COVID-19 infections are caused by people who have no symptoms of illness. We have also detected several variants of concern in the San Francisco Bay Area some of which have been reported to spread more easily and quickly from person to person. We don’t yet know exactly how these variants will impact vaccine effectiveness, although we are reassured by clinical trial and real world data that they will still work as intended. Therefore, the opening of sectors does not necessarily signify that these activities are “safe.”

We have made our best efforts to create guidance to help these activities and sectors provide safer environments for workers and the public. However, this requires that everyone do their part to make these activities as safe as possible, including: wearing a well-fitted masks that covers your mouth and nose especially when talking, avoiding indoor settings to the extent possible, maintaining at least 6 feet distance from those you don’t live with, getting tested and isolating if you are ill, complying with additional health protocols required of open businesses. People at risk for severe illness from COVID-19 — such as unvaccinated older adults and unvaccinated people with health risks — and those who live with or care for them are urged to defer participating in activities with other people outside their household where taking protective measures of wearing face masks and social distancing may be difficult, especially indoors or in crowded spaces.

If you are fully vaccinated (i.e., 14 days have passed since your final shot), you can feel safer about your own health risks when participating in activities permitted by our state and local health departments. However, please consider the possible risk your exposure may have on those around you, especially those you live with and those who are unvaccinated.

Any prior changes in business capacities and other activities required under the amendments must have been implemented by their respective effective dates, and any new changes will take effect by April 15, 2021. If cases rise, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

**Important Notes:** The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable Health Orders and Directives. The Health Order and Directives take precedence over any discrepancies listed in the table below.

### Business Capacities and Activities Table

<table>
<thead>
<tr>
<th>Activity and Amended Order or Directive</th>
<th>Affected Groups</th>
<th>Indoor or Outdoor</th>
<th>Change as of effective date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Retail</strong></td>
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</table>
| Directive 2020-07                        | Retail Stores, Indoor Shopping Centers, Grocery Stores | Indoor Restricted | Change as of Thursday, April 15, 2021  
1. Retail stores capacity limits up to 50% (not including personnel).  
2. Standalone groceries stores capacity limits up to 50% (not including personnel).  
3. Self-serve bulk foods, reusable bags and containers allowed with restrictions. △  
4. Personnel facing Vaccination and Ventilation signage must be posted. △ |
| Directive 2020-17                        |                 | Outdoor Allowed   | Change as of Sunday, November 29, 2020  
1. Outdoor encouraged over indoor. | |
| **Office Facilities**                    | Nonessential offices | Indoor Restricted | Change as of Thursday, April 15, 2021  
1. Nonessential offices capacity limits up to 25%.  
2. Indoor conference rooms and meetings capacity limits up to 25%.  
3. Personnel facing Vaccination and Ventilation signage must be posted. △ |
| Directive 2020-18                        |                 |                   |                             |
| **Hotels and Lodging Facilities**        | Hotels, Lodging Facilities | Indoor Restricted | Change as of Thursday, April 15, 2021  
1. Lodging facilities may accept reservations for all visitors in accordance with CDPH Travel Advisory.  
2. Lodging facilities must provide a copy of tips for staying in lodging Facilities and self-screening handout to all guests.  
3. If not vaccinated, it is strongly recommended to quarantine for 10 days for any travel. △  
4. Dining allowed (See Dining).  
5. Indoor gyms and fitness centers allowed (See Gyms / Fitness Centers).  
6. Conference rooms, business centers, lounge areas and other gathering places allowed for convention and meeting events with capacity limits up to 100, 150, or 300 based off indoor / outdoor, COVID-19 testing requirements, vaccination status and other restrictions. △  
7. Personnel facing Vaccination and Ventilation signage must be posted. △  
8. In-room spa services allowed with restrictions. △  
9. Some Hotel staff strongly recommended to wear well-fitted or N-95 masks. △ |
| Directive 2020-29 Appendix C-1           |                 |                   |                             |
### Dining

Order C19-07  
Appendix C-1  
Directive 2020-16

| Restaurants, Bars, Wineries, Breweries, and Distilleries, Shopping malls with food, Hotels with Restaurants, Museums, Zoos and Aquariums with Restaurants, Gyms with food, Office Cafeterias | **Change as of Thursday, April 15, 2021**  
1. Indoor dining capacity limits, up to 50% (Max. 200 people not including personnel); must maintain at least 6 feet distance between diners.  
2. Alcoholic beverages sales require a bona fide meal.  
3. Per table limit up to 6 people from 3 households.  
4. Restrictive dining hours are removed. △  
5. Live entertainment allowed including singing, speaking, chanting and wind instruments (See indoor gatherings).  
6. Tabletop cooking by personnel or patrons is allowed. △  
7. Personnel who interact with patrons are required to wear a well-fitted mask. N95s are strongly recommended.  
8. Unvaccinated Older Adults, unvaccinated individuals with health risks, and members of their household urged not to participate.  
9. If any activity involves removal of face masks, business is required to post Ventilation Checklist and implement at least one measure.  
10. Required Dining and Vaccination signage must be posted.  
12. For take-out, no eating or drinking while waiting for your food.  
13. Personnel facing Vaccination and Ventilation signage must be posted. △ |

### Gyms / Fitness Centers

Order C19-07  
Appendix C-1  
Directive 2020-27  
Directive 2020-31

| Gyms, Fitness Centers, Climbing Gyms, Group Fitness Classes (including cardio, aerobic, spin, boot camp, kickboxing, stretching, yoga) Stationary Exercise Equipment (such as stationary bikes or treadmills) | **Change as of Thursday, April 15, 2021**  
1. Indoor gyms / fitness centers capacity limits up to 25% (not including personnel).  
   a. Face masks required  
   b. Minimum of 6 feet of physical distance required. 12 feet of physical distance required between participants engaging in aerobic activity that increases breathing rate. If individual or class participants in aerobic activity (1) use only stationary exercise equipment such as treadmills or spinning bikes and (2) the business posts the Ventilation Checklist and implements at least one measure in the room, stationary equipment may be arranged 6 feet apart. △  
   c. Group fitness classes capacity limits up to 25% of room being used for fitness class (Max. 100 people or capacity to achieve 12 feet distancing – or six feet of distancing for classes using stationary equipment with ventilation – whichever is less). Group fitness classes that do not increase the participants’ breathing rate such as gentle stretching, yoga, and meditation allowed at 6 feet. △  
2. Locker rooms and showers allowed up to 25% with implementation of at least one ventilation measure plus additional restrictions.  
3. No saunas, steam rooms, or hot tubs allowed.  
4. Eating is allowed in a separate room or separate space which must be 12 feet from others. (See Dining for additional guidance).  
5. If any activity involves removal of face masks, business is required to post Ventilation Checklist and implement at least one measure.  
6. Personnel facing Vaccination and Ventilation signage must be posted. △  

### Outdoor Restricted

| **Change as of Thursday, April 15, 2021**  
1. Outdoor restaurants, bars, breweries, distilleries and wineries allowed. All patrons must be seated to be served.  
2. Per table limit up to 8 people with no household limit. △  
3. Group reservations of (Max. 25 people). Must implement measure to keep groups separated. △  
4. Alcoholic beverages may be served without bona fide meal.  
5. Live entertainment allowed including singing, speaking, chanting and wind instruments. (See outdoor gatherings).  
6. Tables must be spaced at least 6 feet apart between seated patrons; per State requirements, no barriers in lieu of 6 feet distance. Only exception is for barriers installed before Dec 6.  
7. Unvaccinated Older Adults, unvaccinated individuals with health risks, and members of their household urged not to participate.  

### Change as of Thursday, January 28, 2021

1. Outdoor gyms and fitness classes allowed, no capacity limits, 6 feet distancing required.
### Movie Theaters

**Indoor Restricted**

- Change as of Thursday, April 15, 2021
  - 1. Personal services capacity limits up to 50% (not including personnel).
  - 2. Implement metering system to enforce capacity limits.
  - 3. Services that involve removal of face mask are allowed but must be done at least 6 feet from others or in a separate room. Personnel are **required** to wear eye protection and a well-fitted mask. N95s are **strongly recommended**.
  - 4. If any activity involves removal of face masks, business is required to post Ventilation Checklist and implement at least one measure.
  - 5. Personnel facing Vaccination and Ventilation signage must be posted. △

**Outdoor Allowed**

- Change as of Thursday, April 15, 2021
  - 1. Services that involve removal of face mask are allowed but must be done at least 6 feet from others. Personnel are **required** to wear eye protection and a well-fitted mask. N95s are **strongly recommended**.

### Museums, Aquariums, and Zoos

**Indoor Restricted**

- Change as of Thursday, April 15, 2021
  - 1. Museums, Aquariums, and Zoos capacity limits up to 50% (not including personnel).
  - 2. Interactive exhibits may open with sanitation, distancing, and other safety protocols.
  - 3. Coat check may open.
  - 4. Auditoriums may open for movie and live performances. △
  - 5. Conference rooms, business centers, lounge areas and other gathering places allowed for **convention and meeting events** with capacity limits up to 100, 150, or 300 based off indoor / outdoor, COVID-19 testing requirements, vaccination status and other restrictions. △
  - 6. Indoor dining, food and beverage concessions allowed (See Indoor Dining).
  - 7. Indoor retail allowed (See Retail Store capacity limits).
  - 8. Personnel facing Vaccination and Ventilation signage must be posted. △

**Outdoor Allowed**

- Change as of Thursday, April 15, 2021
  - 1. Outdoor Museums, Aquariums, and Zoos allowed, No capacity limits. △

### Playgrounds and Family Entertainment Centers

**Indoor Restricted**

- Naturally distanced activities (Bowling Alleys, Billiard Halls, Miniature Golf, Naturally Closer activities (Arcade Game Centers, Ice and Roller Skating Rinks, and Indoor Playgrounds), Outdoor (Skate parks, Roller and Ice rinks, Batting Cages, Mini-Golf, and Outdoor Playgrounds)

- Change as of Thursday, April 15, 2021
  - 1. Naturally distanced activities
    - a. Capacity limit up to 25% (not including personnel).
    - b. Increase capacity up to 50% with COVID-19 testing requirements or vaccination status. △
  - 2. Indoor groups are limited to 1 household.
  - 3. Indoor dining allowed in a separate room or designated dining space must be 12 feet from others. (See dining for additional guidance).
  - 4. Naturally closer activities not allowed.
  - 5. Personnel facing Vaccination and Ventilation signage must be posted. △

**Outdoor Restricted**

- Change as of Wednesday, March 24, 2021
  - 1. Ferris wheels, carousels, trampolines, and train rides allowed with only 3 households per space, each space must be 6 feet apart.
  - 2. Outdoor skate parks, outdoor roller and ice rinks are allowed.
  - 3. Outdoor playgrounds, outdoor batting cages & outdoor mini-golf allowed.
<table>
<thead>
<tr>
<th>Religious and Cultural Ceremonies</th>
<th>Change as of Thursday, April 15, 2021</th>
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</thead>
<tbody>
<tr>
<td>Gatherings (Religious Activities and Political Protests)</td>
<td>Change as of Thursday, January 28, 2021</td>
</tr>
<tr>
<td>Indoor Gatherings</td>
<td>Change as of Thursday, April 15, 2021</td>
</tr>
<tr>
<td>Outdoor Gatherings</td>
<td>Change as of Thursday, April 15, 2021</td>
</tr>
<tr>
<td>Outdoor Music and Art Festivals and Performances</td>
<td>Change as of Thursday, April 15, 2021</td>
</tr>
</tbody>
</table>

### Religious and Cultural Ceremonies
- **Order No. C19-07 Directive 2020-34**
- **Indoor Restricted**

#### Religious Activities, Political Protests
- **Outdoor Restricted**

#### Small Gatherings
- **Indoor Restricted**

#### Outdoor Performances
- **Outdoor Restricted**

#### Indoor Gatherings
- **Order No. C19-07 Directive 2020-19**

#### Outdoor Gatherings
- **Order No. C19-07 Directive 2020-19**

#### Outdoor Music and Art Festivals and Performances
- **Order No. C19-07 Directive 2021-02**
### Indoor Recreation
Order No. C19-07
Appendix C-2
Directive 2020-15
Directive 2020-24
Directive 2021-01

<table>
<thead>
<tr>
<th>CA State’s List</th>
<th>Change as of Thursday, April 15, 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Low Contact</strong></td>
<td>1. If any activity involves removal of face masks, business is required to post Ventilation Checklist, strongly encouraged to implement at least one measure.</td>
</tr>
<tr>
<td>(badminton, bowling, curling, dancing without contact, gymnastics, ice skating, physical training, swimming and diving, singles tennis and pickleball, track and field) <strong>Moderate Contact</strong> (volleyball, squash, racquetball, partner dance, dodgeball, kickball, doubles tennis and pickleball) and <strong>High Contact</strong> (basketball, ice hockey, martial arts, water polo, wrestling)</td>
<td>2. Indoor recreation facilities capacity limits up to 25% (Max. 100 people).</td>
</tr>
<tr>
<td><strong>Indoor Restricted</strong></td>
<td>3. For all sports, participants, coaches and staff must wear a mask at all times including while playing.</td>
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<tr>
<td></td>
<td>4. For Indoor low, moderate, and high contact sports capacity limits up to 25 people (including coaches and personnel) can participate at a time.</td>
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<tr>
<td></td>
<td>5. Spectators are allowed per age-appropriate supervision, per State rules, or consistent with (See Indoor gatherings). △</td>
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<tr>
<td></td>
<td>6. Locker rooms and showers are allowed (See gyms/fitness center guidance).</td>
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<td></td>
<td>7. <strong>Swimming Pools</strong></td>
</tr>
<tr>
<td></td>
<td>a. No classes allowed (except swimming safety) with total capacity limits up to 25%, must have distancing requirements between swimmers.</td>
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<tr>
<td></td>
<td>b. 2 swimmers allowed per swim lane. △</td>
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<td></td>
<td>c. Must wear a mask except during the activity of swimming and diving.</td>
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<tr>
<td></td>
<td>d. No saunas, steam rooms, or hot tubs allowed.</td>
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<tr>
<td></td>
<td>e. Indoor water polo is not allowed.</td>
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<tr>
<td></td>
<td>8. <strong>Competitions</strong></td>
</tr>
<tr>
<td></td>
<td>a. Low, moderate and high contact sport teams have COVID-19 testing and other additional requirements.</td>
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<tr>
<td></td>
<td>b. People on an indoor high contact sport team can not play on any other team.</td>
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<tr>
<td></td>
<td>9. <strong>Low contact sports</strong></td>
</tr>
<tr>
<td></td>
<td>a. Informal low contact sports allowed indoors.</td>
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<td></td>
<td>b. Aerobic activities must maintain 12 feet of distance. All other low contact sports must maintain at least 6 feet of distance.</td>
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<tr>
<td></td>
<td>10. <strong>Moderate and high contact</strong></td>
</tr>
<tr>
<td></td>
<td>a. Indoor moderate and high contact sports allowed only by organized and supervised programs or leagues of youth and adult sports.</td>
</tr>
<tr>
<td></td>
<td>b. Indoor moderate and high contact teams have COVID-19 testing and other additional requirements.</td>
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<tr>
<td></td>
<td>c. People on an indoor high contact sport team can not play on any other team.</td>
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<tr>
<td></td>
<td>d. Must maintain 6 feet when not actively playing.</td>
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<tr>
<td></td>
<td>11. Ice hockey or wrestling are not allowed.</td>
</tr>
</tbody>
</table>

### Outdoor Recreation
Order No. C19-07
Appendix C-2
Directive 2020-15
Directive 2020-24
Directive 2021-01

<table>
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<tr>
<th>CA State’s List</th>
<th>Change as of Thursday, April 15, 2021</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Low Contact</strong></td>
<td>1. Informal low, medium, and high contact</td>
</tr>
<tr>
<td>(frisbee, bocce ball, lawn bowling, walking, running, hiking, throwing a ball, swimming and diving tennis, pickleball, golf) <strong>Moderate Contact</strong> (badminton, baseball, cheerleading, dodgeball, field hockey, gymnastics, kickball, softball, tennis, pickleball and women’s lacrosse) and <strong>High Contact</strong> (basketball, football, men’s lacrosse, rugby, rowing/crew, soccer, water polo)</td>
<td>a. Capacity limits up to 25 people. △</td>
</tr>
<tr>
<td><strong>Outdoor Restricted</strong></td>
<td>b. Members of different households should maintain 6 feet when possible.</td>
</tr>
<tr>
<td></td>
<td>c. People must wear a mask at all times.</td>
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<tr>
<td></td>
<td>d. Spectators are allowed per age-appropriate supervision, per State rules, or consistent with (See outdoor gatherings). △</td>
</tr>
<tr>
<td></td>
<td>2. <strong>Swimming Pools</strong></td>
</tr>
<tr>
<td></td>
<td>a. Swimming lessons and low-impact classes allowed, must have distancing requirements between swimmers.</td>
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<tr>
<td></td>
<td>b. 4 swimmers allowed per swim lane. △</td>
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<tr>
<td></td>
<td>c. Must wear a mask except during the activity of swimming and diving.</td>
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<tr>
<td></td>
<td>d. Locker rooms and showers are allowed (See Gyms/Fitness Center Guidance).</td>
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<td></td>
<td>e. Outdoor hot tubs allowed. No saunas or steam rooms. △</td>
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<tr>
<td></td>
<td>3. <strong>Supervised and Organized</strong></td>
</tr>
<tr>
<td></td>
<td>a. For low, moderate, and high contact sports capacity limits up to 50 people (not including coaches and personnel). △</td>
</tr>
<tr>
<td></td>
<td>b. For low, moderate, and high contact sports, adult participants, coaches and staff must wear a mask at all times including while playing. Only exceptions are outdoor swimming and diving, outdoor water polo also has COVID-19 testing requirements.</td>
</tr>
</tbody>
</table>
| | c. Competitions: (1) Low and moderate contact sports may remove mask when distance of 6 feet can be easily maintained. (2) High contact sport people must wear mask at all times. Only exceptions are outdoor swimming and diving, outdoor water polo also has COVID-19 testing requirements.
<table>
<thead>
<tr>
<th>Long Term Care Facilities</th>
<th>Change as of Thursday, March 10, 2021</th>
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<tbody>
<tr>
<td>Order No. C19-03c</td>
<td>1. Visitation implementation must align with CA State Guidance (CDPH and CDSS) or visitation at Long Term Care Facilities. Review CA state guidance for policies and procedures. a. “Necessary” visits may occur when there is an urgent health, legal, time-sensitive, or other critical need. b. “Allowed” indoors in both a communal space and in-room. c. Alternatives to indoor visits (such as facility window visits, vehicle visits, outdoor visits, and telephone/video visits).</td>
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<tr>
<td>Order No. C19-01d</td>
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<tr>
<td>Order No. C19-09c</td>
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</tbody>
</table>

Includes: Skilled Nursing Facilities (SNF); Resident Care Facilities for the Elderly (RCFE); Adult Residential Facility (ARF); Residential Care Facilities – Continuing Care, Social Rehabilitation Facilities, and Residential Care Facility for the Chronically Ill.