Resolution declaring March as National Kidney Month in San Francisco; urging all San Francisco residents at risk for kidney disease to get tested for kidney disease so that they can seek to prevent progression of the disease.

WHEREAS, The kidneys are essential organs that maintain overall bodily health by filtering waste out of 200 liters of blood each day; regulating the body's salt, potassium and acid content; removing drugs from the body; balancing the body's fluids; releasing hormones that regulate blood pressure; producing an active form of vitamin D that promotes strong, healthy bones; and controlling the production of red blood cells; and

WHEREAS, Kidney disease is the ninth leading cause of death in the United States; and

WHEREAS, One in three Americans are at risk for kidney disease; and

WHEREAS, There are an estimated 30 million Americans with kidney disease, and most don't know they have it, as a person can lose up to 90 percent of his or her kidney function without experiencing any symptoms; and

WHEREAS, There are over 95,000 people waiting for kidney transplants in the United States; and

WHEREAS, The major risk factors for kidney disease are diabetes, high blood pressure, a family history of kidney failure, and age over 60; and

WHEREAS, If left untreated, kidney disease can lead to kidney failure; and

WHEREAS, More than 590,000 people have kidney failure in the United States today; and

Supervisor Tang
BOARD OF SUPERVISORS
WHEREAS, African Americans, Hispanics, Asians, Pacific Islanders, Native Americans, and Alaska Natives are at the highest risk for kidney disease and kidney failure; African Americans are three times more likely and Hispanics are one and a half times more likely to have kidney failure compared to White Americans; and

WHEREAS, Chronic kidney disease affects approximately 195 million women worldwide and it is currently the eighth leading cause of death in women, with close to 600,000 deaths each year; and

WHEREAS, Simple blood and urine tests can help diagnose chronic kidney disease; and

WHEREAS, The progression of chronic kidney disease can be slowed by various preventive measures, such as reducing high blood pressure, particular medications; reducing salt intake to lower blood pressure; controlling glucose, blood lipids and anemia; quitting smoking; increasing physical activity; and controlling body weight; and

WHEREAS, It is critical that attention be brought to this often-overlooked, but increasingly common, disease; and

WHEREAS, The month of March is National Kidney Month; and

WHEREAS, The National Kidney Foundation - the leading patient-centric organization in the United States dedicated to the awareness, prevention and treatment of kidney disease – is calling on all Americans to “heart” their kidneys and their overall health, and get tested if they are at risk; now, therefore, be it

RESOLVED, That the San Francisco Board of Supervisors recognizes March as National Kidney Month in San Francisco; and, be it

FURTHER RESOLVED, That the Board of Supervisors urges all San Franciscans who are at risk for kidney disease to get tested for chronic kidney disease so that they can seek to prevent the progression of the disease.
Resolution declaring March as National Kidney Month in San Francisco; urging all San Franciscans at risk for kidney disease to get tested for kidney disease so that they can seek to prevent progression of the disease.

April 03, 2018 Board of Supervisors - ADOPTED

Ayes: 11 - Breed, Cohen, Fewer, Kim, Peskin, Ronen, Safai, Sheehy, Stefani, Tang and Yee

File No. 180275

I hereby certify that the foregoing Resolution was ADOPTED on 4/3/2018 by the Board of Supervisors of the City and County of San Francisco.

Angela Calvillo
Clerk of the Board

I hereby certify that the foregoing resolution, not being signed by the Mayor within the time limit as set forth in Section 3.103 of the Charter, or time waived pursuant to Board Rule 2.14.2, became effective without his approval in accordance with the provision of said Section 3.103 of the Charter or Board Rule 2.14.2.