[Recognizing Problem Gambling Awareness Month - March 2023]

Resolution recognizing March 2023 as Problem Gambling Awareness Month in the City and County of San Francisco.

WHEREAS, Gambling, in both legal and illegal forms, is becoming more omnipresent in our everyday lives, including through casinos and card rooms, lotteries, sports betting, online gambling, video games, Daily Fantasy Sports, internet casinos, social media games, and sweepstakes cafes; and

WHEREAS, In 2022 US legal gambling revenue reached a record high of \$60.4 billion, exceeding the 2021 record of \$53 billion; and

WHEREAS, In 2022 Americans wagered nearly \$83 billion on sports, a nearly 50% increase over 2021; and

WHEREAS, In 2016 Americans lost nearly \$117 billion at casinos, more than any other country; and

WHEREAS, A 2018 NICOS Chinese Health Coalition study found that 87% of California's casino bus patrons are "probable problem gamblers"; and

WHEREAS, Six to eight million Americans, including more than 1.2 million Californians, meet the criteria for problem gambling and, by their gambling behavior, negatively affect the lives of another 48 to 80 million individuals; and

WHEREAS, Problem gambling is defined as gambling behavior which causes disruption in any major areas of life: psychological, physical, social, vocational, health, spiritual or emotional; and

WHEREAS, Problem gambling ("gambling disorder") has been classified by the American Psychiatric Association as an addiction with similarities to the causes and consequences of alcohol and drug dependence; and

WHEREAS, Behavioral signs of problem gambling include gambling to escape boredom, pain or loneliness, lying to loved ones to conceal the extent of gambling, needing to gamble with increasing amounts of money in order to achieve excitement, borrowing money to gamble, and trying repeatedly over time to win back money lost; and

WHEREAS, Americans gamble more money each year than they spend on groceries, betting upwards of \$900 billion annually; and

WHEREAS, Problem gambling is a public health issue impacting relationships, families, businesses, and communities; and

WHEREAS, Populations at high risk for gambling problems include seniors, youth, college students, veterans, African Americans, Asian Americans, LatinX and Native Americans; and

WHEREAS, The World Health Organization has classified "gaming disorder" as a mental health condition with behavioral signs mirroring those of gambling disorder; and

WHEREAS, Many video games include elements and practices of gambling such as ingame purchases of loot boxes and token wagering and could possibly condition children and youth for gambling/ gambling addiction; and

WHEREAS, approximately 8.5% of youths aged between 8-18 suffer from gaming disorder; and

WHEREAS, Only 15% of problem gamblers ever seek treatment; and WHEREAS, Numerous free resources, including self-help workbooks, phone-based counseling, individual counseling, support group counseling, residential care and a locally-

based helpline (1-888-968-7888) are now available for problem gamblers and affected individuals; and

WHEREAS, The San Francisco Department of Public Health - Community Behavioral Health Services (SFDPH–CBHS), in partnership with NICOS Chinese Health Coalition (NICOS), made the City and County of San Francisco one of the first municipalities in the nation to offer a problem gambling prevention program to its residents, beginning in 1998; and

WHEREAS, The NICOS problem gambling program model has been replicated nationwide; and

WHEREAS, In 2022, the Board of Supervisors of the City and County of San Francisco unanimously adopted a resolution, on file with the Clerk of the Board of Supervisors in File No. 220215 which is hereby declared to be a part of this Resolution as if set forth fully herein, declaring the month of March as Problem Gambling Awareness Month; and now, therefore, be it

RESOLVED, That the Board of Supervisors of the City and County of San Francisco recognizes the outreach efforts by SFDPH-CBHS and NICOS to communities struggling with problem gambling; and, be it

FURTHER RESOLVED, That the City and County of San Francisco will continue to support outreach, education and treatment programs for problem gamblers, in addition to strengthening prevention strategies; and, be it

FURTHER RESOLVED, That the Board of Supervisors recognizes the month of March 2023 as Problem Gambling Awareness Month in the City and County of San Francisco.



City and County of San Francisco **Tails**

City Hall 1 Dr. Carlton B. Goodlett Place San Francisco, CA 94102-4689

Resolution

230298 File Number:

Date Passed: March 21, 2023

Resolution recognizing March 2023 as Problem Gambling Awareness Month in the City and County of San Francisco.

March 21, 2023 Board of Supervisors - ADOPTED

Ayes: 11 - Chan, Dorsey, Engardio, Mandelman, Melgar, Peskin, Preston, Ronen, Safai, Stefani and Walton

File No. 230298

I hereby certify that the foregoing Resolution was ADOPTED on 3/21/2023 by the Board of Supervisors of the City and County of San Francisco.

Angela Calvillo Clerk of the Board

03/28/2023 Unsigned London N. Breed **Date Approved** Mayor

I hereby certify that the foregoing resolution, not being signed by the Mayor within the time limit as set forth in Section 3.103 of the Charter, or time waived pursuant to Board Rule 2.14.2, became effective without her approval in accordance with the provision of said Section 3.103 of the Charter or Board Rule 2.14.2.

Angela Calvillo Clerk of the Board

03/28/2023

Date